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***NOTICE: Information provided within these pages is intended to be used as general information-only and is in no way intended to replace certified medical or professional advice or training. These products are not to be used as a medical treatment program, nor to diagnose or cure any disease or medical condition. Always consult with a qualified medical or professional trainer for advice or training before using these products. You are solely responsible for the use and misuse of products offered and for all actions and consequences of that use or misuse. Pharmco Skincare Labs Inc. make no warranties, expressed or implied, regarding the effectiveness of these products. Always patch test products before use.***

## GENERAL PEELING PRECAUTIONS

- If you are pregnant, check with doctor and get approval.
- Allergies to aspirin or salicylate containing products? If yes, do not use salicylic acid.
- Never apply another transdermal product during a chemical peel.
- Do not peel if client has been on Accutane in the past 6 months, consult physician for approval.
- Never apply a peel after another facial exfoliating product (scrubs of any type).
- Stop using Retin-A/Retinol at least 3 days before performing a peel.
- Keep the peel solutions at least a quarter of an inch away from the eyes and mucous membranes.
- If severe skin irritation occurs, remove the product by rinsing with cool water and consult a physician.
- Do not apply to irritated, sensitive skin, inflamed acne or skin with open wounds after extraction.
- Do not apply the peel solutions more than once in a 7-day period.
- Do not purposely expose your face to the sun for 24 hours before or after the peel. Limit sun exposure, wear protective clothing, and use a minimum sunblock SPF 30 on a daily basis.
- Do not apply the peel to skin that has been waxed or shaved within 24 hours.
- Slight reddening of the skin may occur for a limited period of time especially with sensitive skin types.
- Refrain from using active skin care products until 24 hours after treatment.

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## GLYCOLIC ACID

Choose Glycolic acid for anti-aging, photoaged skin, fine lines, wrinkles, comedonal acne, in-grown hairs, hyperpigmentation issues, actinic keratoses, melasma, sun spots.

*Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. A safety test should be done even if client has used or is currently using Alpha or Beta Hydroxy Acid products. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Refer to peel precautions sheet before starting. Pregnancy concerns should be cleared with physician before continuing.*

### **Application procedure for Glycolic Acid Exfoliator**

NOTE: For clients new to peeling, start a peel series with lowest strength acid, and move up in strength for each subsequent peel session.

1. Cover the eyes with cotton pads. Cleanse and prep the face and neck areas using peel prep solution. Do not get solution in the eyes. Avoid eyelids and mucous membranes.

2. Apply exfoliator solution starting at the forehead and continuing on to the face and neck area using two cotton applicators held together or 2x2 gauze pads. Work in a consistent manner, either clockwise or counter-clockwise. Avoid the eyelids and corners of mouth during the application. Be very careful not to get exfoliator solution in the eyes.

Note: Use a very small amount (about 2-3 ml.) of exfoliator solution for each application to the entire face and neck area. If you apply exfoliator solution to other areas, adjust the amount accordingly.

3. Leave exfoliator solution on for 1 to 5 minutes depending on peel strength, client skin type and tolerance level. Start timing when you begin the application. Do not leave client unattended.

4. After time is up, quickly dilute remaining exfoliator that is left on the skin with water-dampened sponges or towel. Repeat 2-3 times. Now apply neutralizer solution to entire area with a cotton pad to help neutralize any leftover acid. TIP: Apply neutralizer in the same direction and sequence in which the peel solution was applied. Wait at least 30 seconds after applying neutralizer, then use a warm water-dampened sponge or towel as final clean up.

5. Apply moisturizer and SPF.

*Important: Advise clients to wear SPF 30, and limit sun exposure for 1 week after treatments. Sunburn Alert: This product contains an alpha or beta hydroxy acid (AHA/BHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.*

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## LACTIC ACID

Choose Lactic acid for anti-aging, fine lines and wrinkles, photoaged skin, mature skin, comedonal acne, and pigmentation issues.

*Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. A safety test should be done even if client has used or is currently using Alpha or Beta Hydroxy Acid Products. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Refer to peel precautions sheet before starting. Pregnancy concerns should be cleared with physician before continuing.*

### Application procedure for Lactic Acid Exfoliator

NOTE: For clients new to peeling, start a peel series with lowest strength acid, and move up in strength for each subsequent peel session.

1. Cover the eyes with cotton pads. Cleanse and prep the face and neck areas using peel prep solution. Do not get solution in the eyes. Avoid eyelids and mucous membranes.

2. Apply exfoliator solution starting at the forehead and continuing on to the face and neck area using two cotton applicators held together or 2x2 gauze pads. Work in a consistent manner, either clockwise or counter-clockwise. Avoid the eyelids and corners of mouth during the application. Be very careful not to get exfoliator solution in the eyes.

Note: Use a very small amount (about 2-3 ml.) of exfoliator solution for each application to the entire face and neck area. If you apply exfoliator solution to other areas, adjust the amount accordingly.

3. Leave exfoliator solution on for 1 to 5 minutes depending on peel strength, client skin type and tolerance level. Start timing when you begin the application. Do not leave client unattended.

4. After time is up, quickly dilute remaining exfoliator that is left on the skin with water-dampened sponges or towel. Repeat 2-3 times. Now apply neutralizer solution to entire area with a cotton pad to help neutralize any leftover acid. TIP: Apply neutralizer in the same direction and sequence in which the peel solution was applied. Wait at least 30 seconds after applying neutralizer, then use a warm water-dampened sponge or towel as final clean up.

5. Apply moisturizer and SPF.

*Important: Advise clients to wear SPF 30, and limit sun exposure for 1 week after treatments. Sunburn Alert: This product contains an alpha or beta hydroxy acid (AHA/BHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.*

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## SALICYLIC ACID

Choose Salicylic acid for acne, comedones, oily skin, acneic rosacea, melasma, post inflammatory hyperpigmentation, freckles, mild to moderate photodamage, and rough skin texture.

*Warning: Persons with allergies to aspirin or salicylates should avoid salicylic acid products.*

*Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. A safety test should be done even if client has used or is currently using Alpha or Beta Hydroxy Acid Products. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Refer to peel precautions sheet before starting. Pregnancy concerns should be cleared with physician before continuing.*

### **Application procedure for Salicylic Acid Exfoliator**

NOTE: For clients new to peeling, start a peel series with lowest strength acid, and move up in strength for each subsequent peel session.

1. Cover the eyes with cotton pads. Cleanse and prep the face and neck areas using peel prep solution. Do not get solution in the eyes. Avoid eyelids and mucous membranes.
2. Apply exfoliator solution starting at the forehead and continuing on to the face and neck area using two cotton applicators held together or 2x2 gauze pads. Work in a consistent manner, either clockwise or counter-clockwise. Avoid the eyelids and corners of mouth during the application. Be very careful not to get exfoliator solution in the eyes.  
Note: Use a very small amount (about 2-3 ml.) of exfoliator solution for each application to the entire face and neck area. Avoid applying salicylic to large areas of the body.
3. Leave exfoliator solution on for 1 to 5 minutes depending on peel strength, client skin type and tolerance level. Start timing when you begin the application. Do not leave client unattended.
4. After time is up, use a warm water-dampened sponge or towel to help remove excess precipitate that is left on the skin. Repeat 2-3 times. A bland cleanser may also be used to remove any precipitate leftover on the skin. Use a warm water-dampened sponge or towel as final clean up. Neutralizer solution is optional.
5. Apply moisturizer and SPF.

*Important: Advise clients to wear SPF 30, and limit sun exposure for 1 week after treatments. Sunburn Alert: This product contains an alpha or beta hydroxy acid (AHA/BHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.*

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## MANDELIC ACID

Choose Mandelic acid for marked improvement for fine wrinkles and lines, abnormal pigmentation issues, and acne improvement. Mandelic acid molecule is larger than the glycolic acid molecule. Mandelic acid is stronger than glycolic acid, however less irritating.

*Warning: Persons with nut allergies should avoid Mandelic acid products.*

*Caution: It is strongly recommended to run a sensitivity test, by testing the product on a small area behind the client's ear. A safety test should be done even if client has used or is currently using Alpha or Beta Hydroxy Acid Products. Avoid contact with eyes and mucous membranes. Some users of this product may experience a mild skin irritation. If irritation becomes severe, discontinue use. Keep out of reach of customers and children. Use only as directed. Refer to peel precautions sheet before starting. Pregnancy concerns should be cleared with physician before continuing.*

### **Application procedure for Mandelic Acid Exfoliator**

NOTE: For clients new to peeling, start a peel series with lowest strength acid, and move up in strength and/or contact time for each subsequent peel session.

1. Cover the eyes with cotton pads. Cleanse and prep the face and neck areas using peel prep solution. Do not get solution in the eyes. Avoid eyelids and mucous membranes.
2. Apply exfoliator solution starting at the forehead and continuing on to the face and neck area using two cotton applicators held together or 2x2 gauze pads. Work in a consistent manner, either clockwise or counter-clockwise. Avoid the eyelids and corners of mouth during the application. Be very careful not to get exfoliator solution in the eyes.  
Note: Use a very small amount (about 2-3 ml.) of exfoliator solution for each application to the entire face and neck area. If you apply exfoliator solution to other areas, adjust the amount accordingly.
3. Leave exfoliator solution on for 5 to 15 minutes depending on peel strength, client skin type and tolerance level. Start timing when you begin the application. Do not leave client unattended.
4. After time is up, dilute remaining exfoliator that is left on the skin with water-dampened sponges or towel. Repeat 2-3 times. Now apply neutralizer solution to entire area with a cotton pad to help neutralize any leftover acid. TIP: Apply neutralizer in the same direction and sequence in which the peel solution was applied. Wait at least 30 seconds after applying neutralizer, then use a warm water- dampened sponge or towel as final clean up.
5. Apply moisturizer and SPF.

*Important: Advise clients to wear SPF 30, and limit sun exposure for 1 week after treatments. Sunburn Alert: This product contains an alpha or beta hydroxy acid (AHA/BHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.*